

Some things should not be masked.



**Depression
and low mood
can be helped.
Call us to find
out more.**

Employees, family members, managers and supervisors. Advice, counselling, “how to”, and coaching 24 hours a day, 7 days a week by phone, Internet or in person. All calls are confidential and private.

We are your **Employee and Family Assistance Program (EFAP)**
and we are your link to well-being — personal, family, and work-related.



Call us anytime. It's your call.
1-888-707-2115

International (Call Collect): 778-372-7546
Homeweb.ca/Equitable

 **Equitable™**

140 years **Homewood
Health**
Experience the power of care