A relationship takes more than just effort. With the right knowledge and support you can make it work.

Employees, family members, managers and supervisors. Advice, counselling, "how to", and coaching 24 hours a day, 7 days a week by phone, Internet or in person. All calls are confidential and private.

We are your **Employee and Family Assistance Program (EFAP)** and we are your link to well-being — personal, family, and work-related.



Call us anytime. It's your call. 1-888-707-2115 International (Call <u>Collect): 778-372-7546</u>

Homeweb.ca/Equitable



