

Employees, family members, managers and supervisors. Advice, counselling, "how to", and coaching 24 hours a day, 7 days a week by phone, Internet or in person. All calls are confidential and private.

We are your **Employee and Family Assistance Program (EFAP)** and we are your link to well-being — personal, family, and work-related.



Call us anytime. It's your call. 1-888-707-2115 International (Call <u>Collect): 778-372-7546</u>

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